



HUMAN BODY THERMAL ENERGY HARVESTING FOR WEARABLE DEVICES

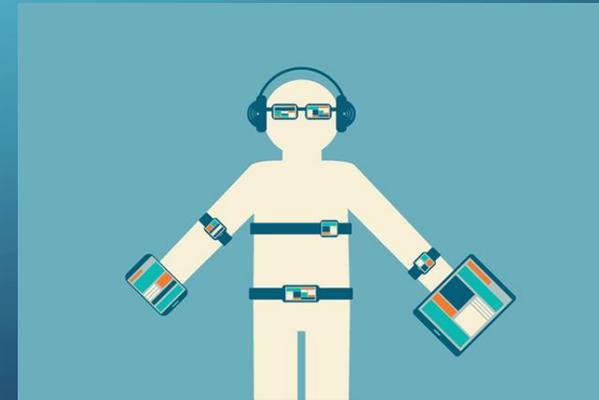
DR. HESSA AL-JUNAID

COLLEGE OF INFORMATION TECHNOLOGY

UNIVERSITY OF BAHRAIN

INTRODUCTION

- Advances in the electronics industry is in continuous reduction of devices sizes as well as the power used to operate them.
- This power requirements reduction has created an interest in new methods of powering these devices as alternative to disposable battery technology.
- The rise of using battery operated electronic devices connected to human body. Medical monitoring and aid (hearing aid, temperature measurement), as well as consumer electronics (electronic watch, headphones)



INTRODUCTION:

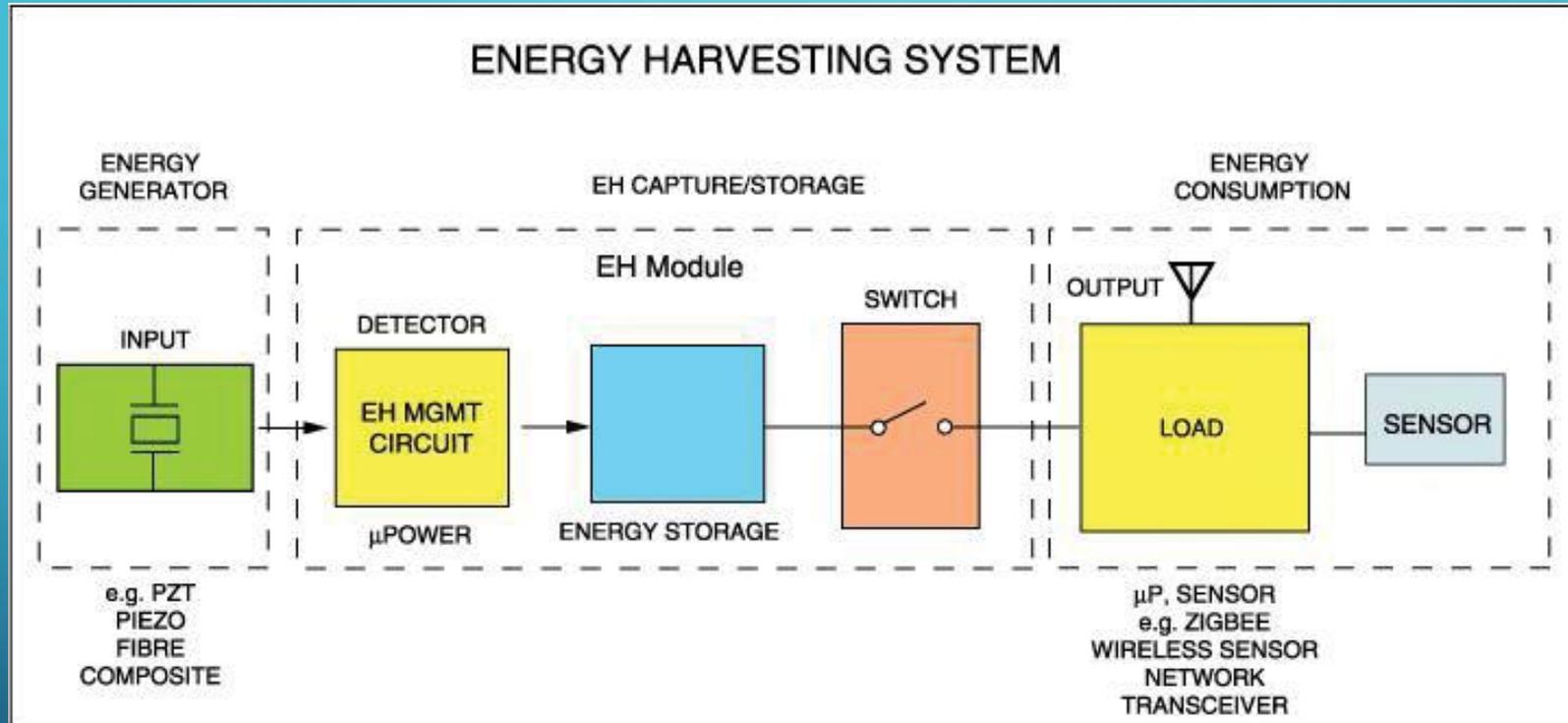
- Energy harvesting is a growing field of interest for researchers and the industry.
- Energy harvesting is small power generating without fossil fuel. Generators uses energy available in the ambient, such as an electromagnetic energy, vibrations, a wind, a water flow, and a **thermal energy** and converting it to electrical energy.
- The main application is to use them to power sensors nodes.
- The advantage is to get rid of wiring and cost ineffective recharging or replacing batteries, volume and weight caused by batteries.



OBJECTIVE:

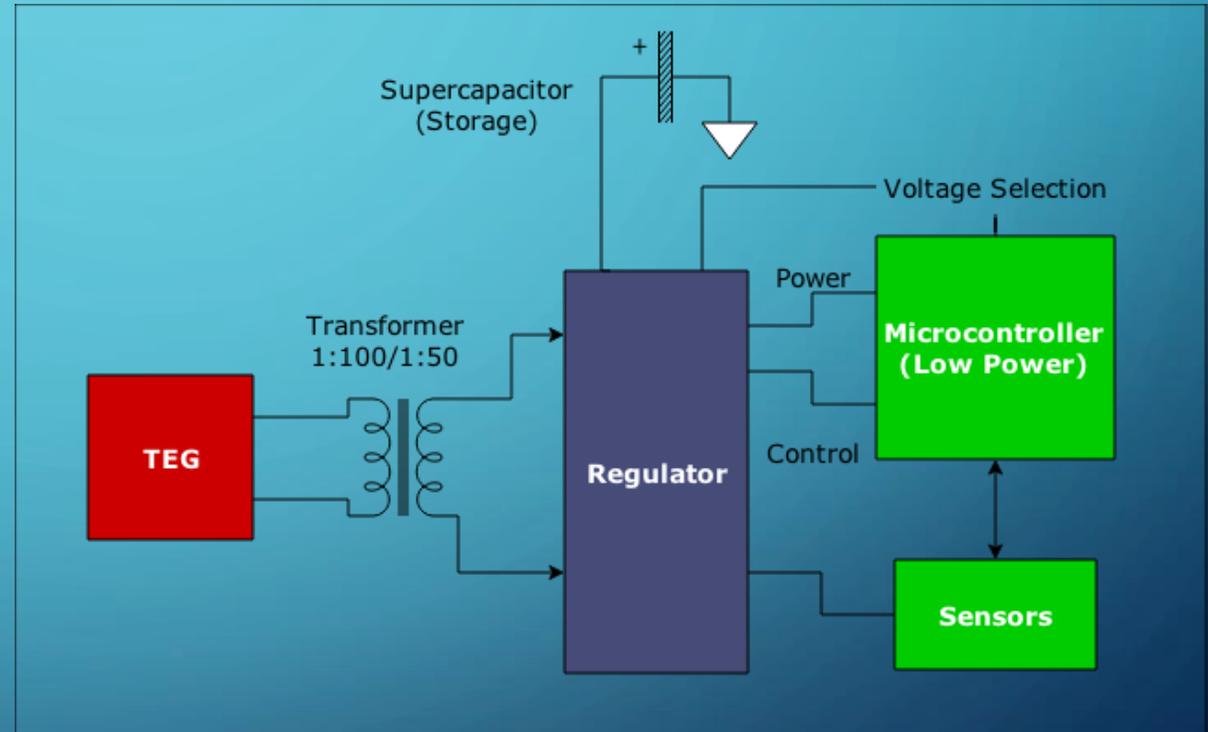
- This project studied the effectiveness of thermoelectric energy harvesting techniques in improving the runtime of small electronic devices attached to human body and reducing their dependence on external energy sources.
- 

ENERGY HARVESTING SYSTEM:



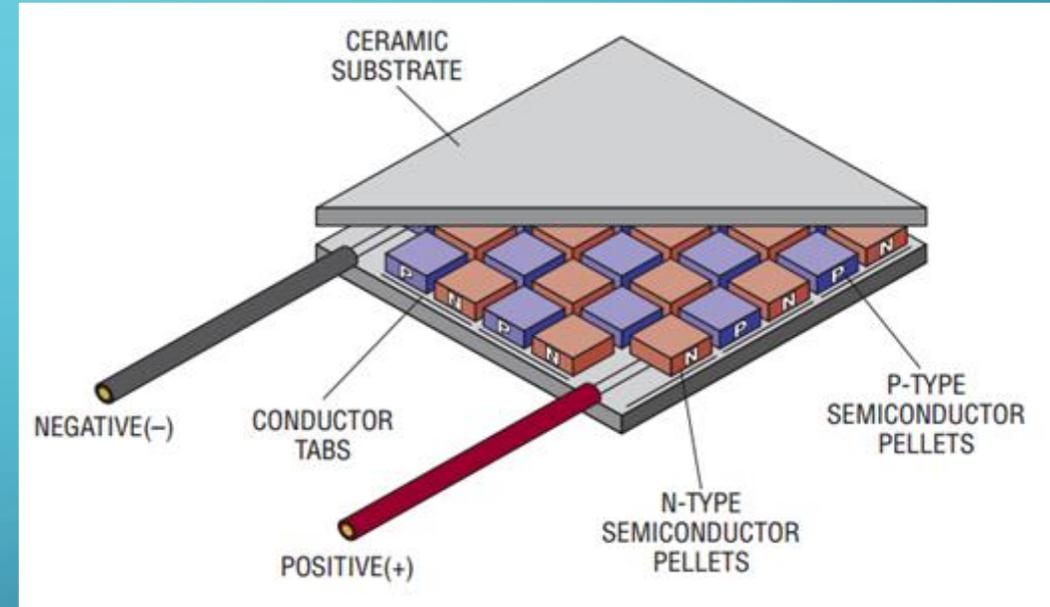
SYSTEM BLOCK DIAGRAM:

- Thermoelectric energy harvesting is based on converting a temperature difference into electricity using thermoelectric device (TEG)



THERMO-ELECTRIC GENERATOR TEG:

- TEG is a solid-state device which is used for heating or cooling.
- It converts a voltage difference applied to it into temperature difference between its hot and cold sides.
- When it is used for energy harvesting, the reverse process takes place and a temperature difference is converted into voltage difference.
- It made of a group of thermocouples connected electrically in series and thermally in parallel.



$$V = \alpha \Delta T$$

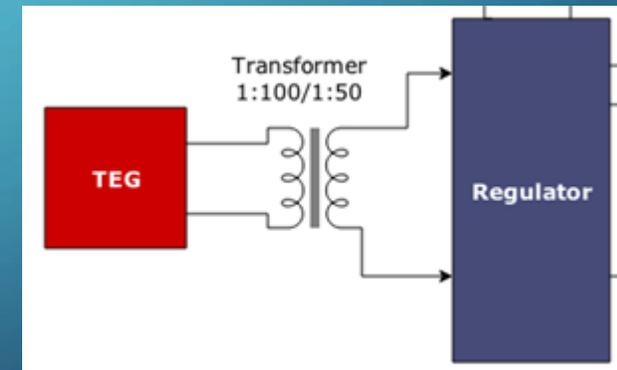
α : Seebeck coefficient

$$\alpha = 100-300 \mu\text{V/K}$$

Bismuth-telluride Bi_2Te_3

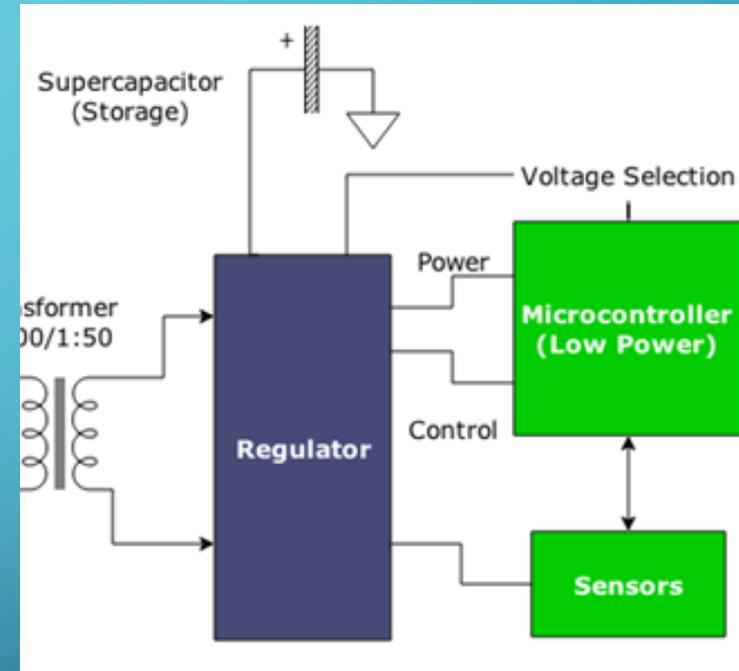
STEP-UP TRANSFORMER

- The transformer will raise the voltage produced by the TEG to allow the regulator to startup.
- Ratio 1:100 which allow the system to operate from 20-30mV input voltage



DC ENERGY REGULATOR:

- There is a recent advances in energy management circuits.
- It regulate the input voltage to produce voltages suitable to operate specific devices.
- It has several outputs at different voltages (2.35V, 3.3V, 4.1V, 5V)



SUPER CAPACITOR:

- It serves as our energy storage unit.
- They have long lifetimes compared to rechargeable batteries.
- It can withstand a huge amount of charging/discharging cycles.
- This storage is needed as a backup energy source in case the input source is not available.
- We used 0.1F 5.5V



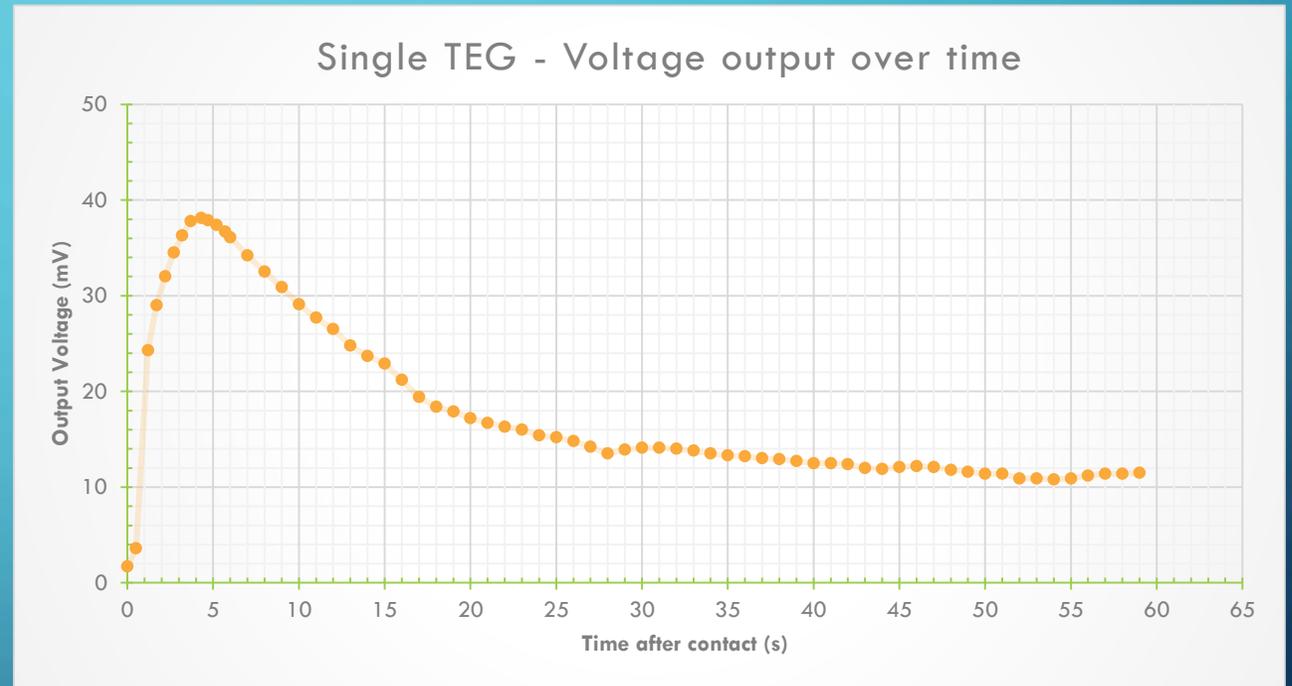
SYSTEM ANALYSIS: SINGLE TEG

- Fixed variables:

$$T_A = T_C = 27^\circ\text{C}$$

$$T_H = 34^\circ\text{C} (\Delta T = 7^\circ\text{C})$$

- The TEG output reaches its peak value very rapidly, but does not continue providing that output for long. Its output starts to decrease exponentially, and levels off after a while.



$$T_{\text{peak}} = 4.3 \text{ seconds}$$

$$V_{\text{peak}} = 38.1 \text{ mV}$$

$$T_{\text{settling}} (2\%) = 49 \text{ seconds}$$

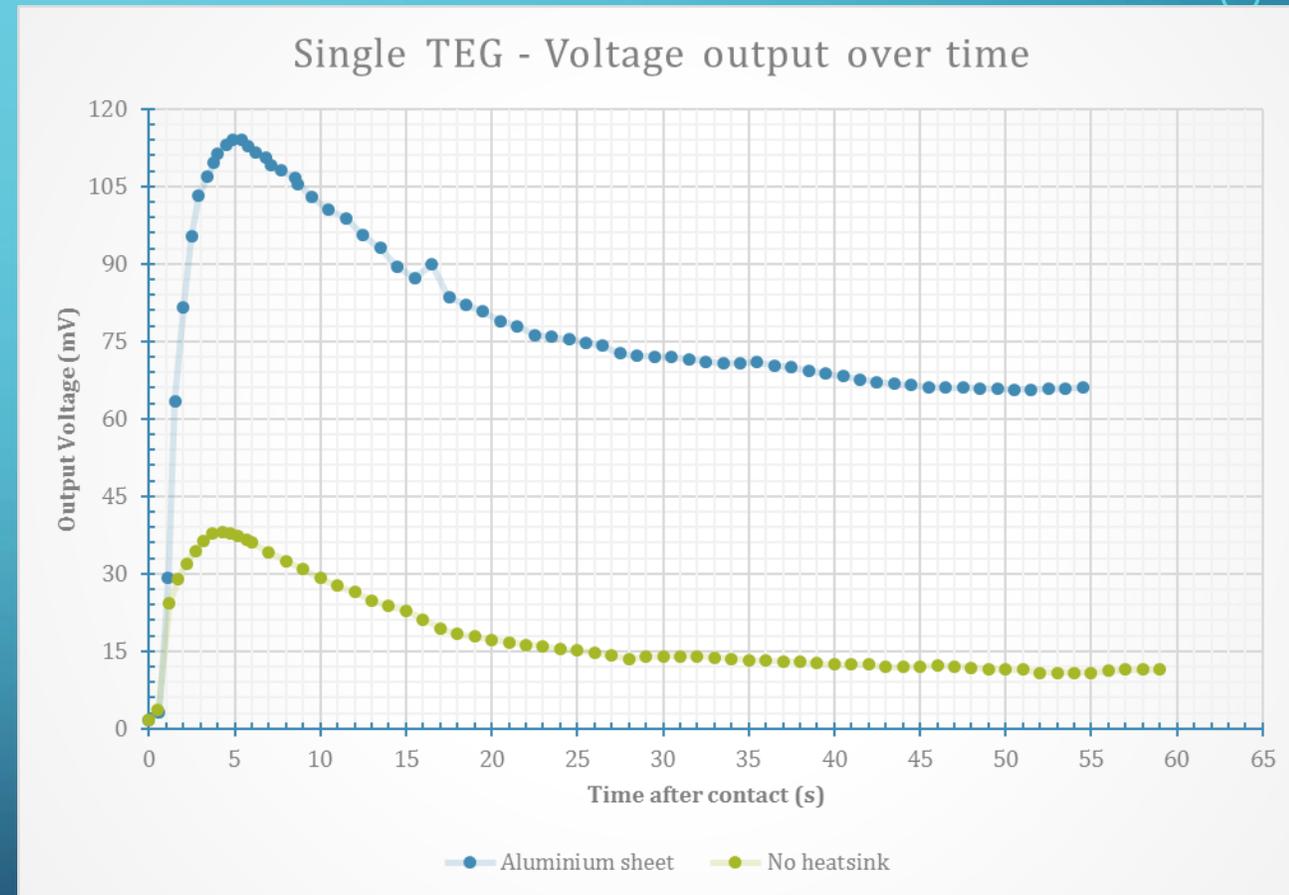
$$V_{\text{final}} = 11.5 \text{ mV}$$

$$\% \text{ Drop} = 70\%$$

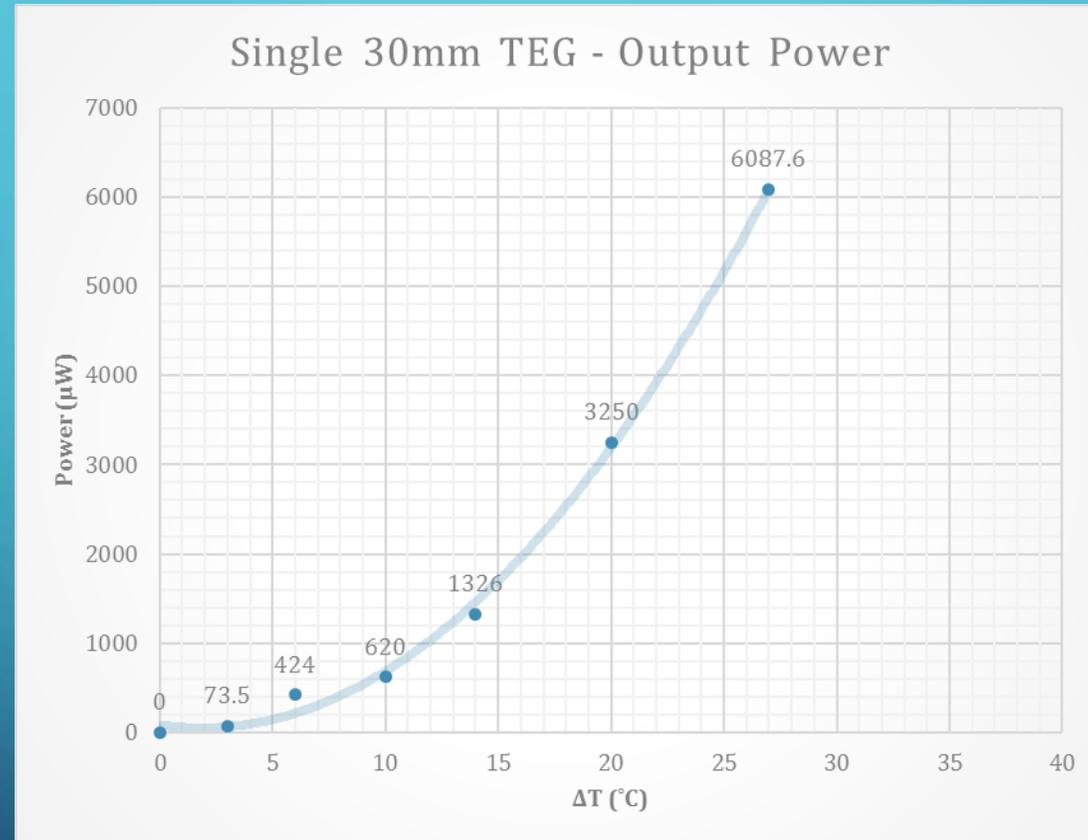
SYSTEM ANALYSIS: SINGLE TEG WITH HEAT SINK

	Configuration 1 (Green Graph)	Configuration 2 (Blue Graph)
Type of Thermal Management	No heatsink, cold side directly exposed to air.	Cold side in contact with aluminum sheet, acting as a heatsink exposed to air.
T_{peak} (s)	4.5	5.0
V_{peak} (mV)	38.1	114.1
T_{settling} (2%, s)	49	42.5
V_{final} (mV)	11.5	66.0
% Drop	70%	42%

- Adding a heatsink in contact with the cold side of the TEG can drastically improve the performance of the TEG.
- The peak output voltage increased by 200%, the output settling time decreased by about 7 seconds, and the drop from the peak to the steady-state voltage went down from 70% to 42%.

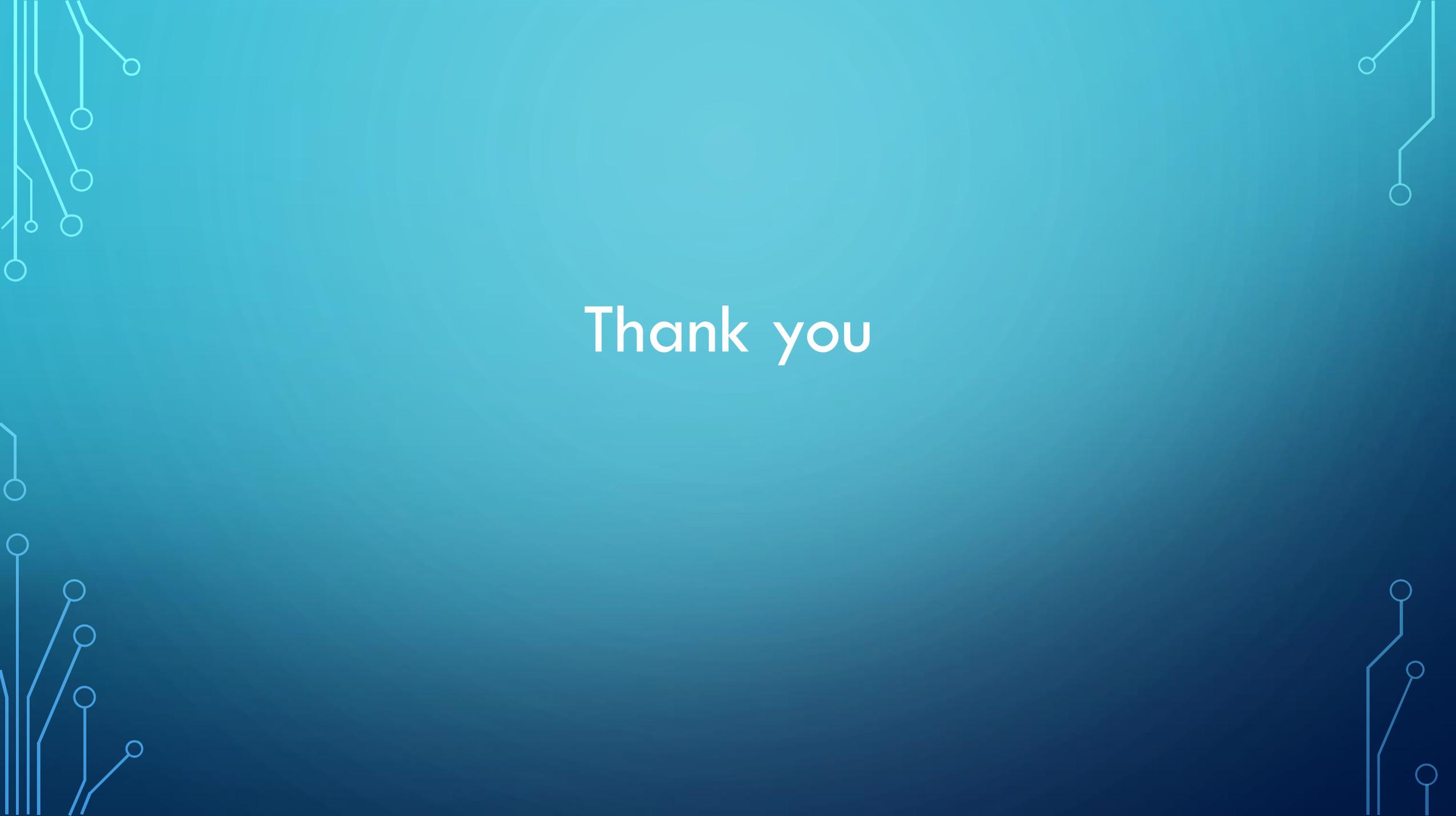


SYSTEM ANALYSIS: ΔT VS OUTPUT POWER



CONCLUSION:

- **Effectiveness:** utilizing temperature difference between human body heat and air gives good results for small electronics devices.
- The system can produce (0.1mW-0.8mW) depending on the temperature difference.
- E.g hearing aid which has an average power consumption of 1.6mW
- **Quality:** The system excels in lifetime since all components used are rated to last for 5 years of usage (45000 hours) under certain operated conditions (-10°C-50°C, waterproof).
- Small in size.
- The efficiency is measured by applying certain temperature difference to TEG and comparing the output power with previous results, it is found to be 40%



Thank you